



3. Escha Nordicday in Halver

58553 Halver, Waldfreibad Herpine / 26.04.2008

Detailed evaluation

Bastert,Brigitte

Club: LSF-Unna-2000

Number: 2529

Course: 19.73 km

Nordic Walking

Total time: 2:37:34

Speed: 7.24 km/h

metres in height up: 790

Course score: 30.85

performance score: 237 Points