



3. Escha Nordicday in Halver

58553 Halver, Waldfreibad Herpine / 26.04.2008

Detailed evaluation

Kindt,Silke

Club: LTG Remscheid

Number: 1608

Course: 12.88 km

Nordic Walking

Total time: 1:42:50

Speed: 7.00 km/h

metres in height up: 459

Course score: 18.89

performance score: 148 Points