



3. Escha Nordicday in Halver

58553 Halver, Waldfreibad Herpine / 26.04.2008

Detailed evaluation

Kose,Rüdiger

Club: Skiclub Schwerte

Number: 2526

Course: 19.73 km

Nordic Walking

Total time: 2:30:08

Speed: 7.59 km/h

metres in height up: 790

Course score: 30.85

performance score: 249 Points