



3. Escha Nordicday in Halver

58553 Halver, Waldfreibad Herpine / 26.04.2008

Detailed evaluation

Lucks, Bernhard

Club: Tus Oberbrügge

Number: 7022

Course: 7.26 km

Walking

Total time: 1:09:29

Speed: 6.04 km/h

metres in height up: 255

Course score: 10.83

performance score: 69 Points