



3. Escha Nordicday in Halver

58553 Halver, Waldfreibad Herpine / 26.04.2008

Detailed evaluation

Manske, Martina

Total time: 1:43:37

Speed: 6.95 km/h

Number: 1018

metres in height up: 459

Course: 12.88 km

Course score: 18.89

Walking

performance score: 147 Points