



3. Escha Nordicday in Halver

58553 Halver, Waldfreibad Herpine / 26.04.2008

Detailed evaluation

Martin, Detlef

Club: Turbo-Schnecken Lüdenscheid
Number: 2508

Course: 19.73 km

Nordic Walking

Total time: 2:33:04

Speed: 7.45 km/h

metres in height up: 790

Course score: 30.85

performance score: 244 Points