



3. Escha Nordicday in Halver

58553 Halver, Waldfreibad Herpine / 26.04.2008

Detailed evaluation

Beier,Rudolf

Club: RSG Herne

Number: 2500

Course: 19.73 km

Nordic Walking

Total time: 2:37:08

Speed: 7.25 km/h

metres in height up: 790

Course score: 30.85

performance score: 238 Points