



### 3. Escha Nordicday in Halver

58553 Halver, Waldfreibad Herpine / 26.04.2008

#### Detailed evaluation

**Bergmann, Friedel**

Club: Lauftreff Hagen-Emst

Number: 1531

Course: 12.88 km

Nordic Walking

Total time: 2:03:25

Speed: 5.83 km/h

metres in height up: 459

Course score: 18.89

performance score: 124 Points