



### 3. Escha Nordicday in Halver

58553 Halver, Waldfreibad Herpine / 26.04.2008

#### Detailed evaluation

Schippling,Astrid

Club: VfK Iserlohn

Number: 7523

Course: 7.26 km

Nordic Walking

Total time: 1:08:58

Speed: 6.09 km/h

metres in height up: 255

Course score: 10.83

performance score: 70 Points