



### 3. Escha Nordicday in Halver

58553 Halver, Waldfreibad Herpine / 26.04.2008

#### Detailed evaluation

**Alzer, Bernd**

Club: Bierbaumflitzer Lüdenscheid

Number: 1592

Course: 12.88 km

Nordic Walking

Total time: 1:42:07

Speed: 7.05 km/h

metres in height up: 459

Course score: 18.89

performance score: 149 Points