



3. Escha Nordicday in Halver

58553 Halver, Waldfreibad Herpine / 26.04.2008

Detailed evaluation

Schmitz,Monika

Club: LSF-Unna-2000

Number: 2530

Course: 19.73 km

Nordic Walking

Total time: 2:31:09

Speed: 7.54 km/h

metres in height up: 790

Course score: 30.85

performance score: 247 Points