



### 3. Escha Nordicday in Halver

58553 Halver, Waldfreibad Herpine / 26.04.2008

#### Detailed evaluation

Schwarz,Roderich

Total time: 2:11:03

Speed: 5.49 km/h

Number: 1603

metres in height up: 459

Course: 12.88 km

Course score: 18.89

Nordic Walking

performance score: 116 Points