



3. Escha Nordicday in Halver

58553 Halver, Waldfreibad Herpine / 26.04.2008

Detailed evaluation

Steinbrecher, Heinz

Club: DJK Eintracht Lüdenscheid

Number: 1509

Course: 12.88 km

Nordic Walking

Total time: 1:40:33

Speed: 7.16 km/h

metres in height up: 459

Course score: 18.89

performance score: 152 Points