



3. Escha Nordicday in Halver

58553 Halver, Waldfreibad Herpine / 26.04.2008

Detailed evaluation

Tauer, Helga

Club: Lauftreff Hagen-Emst

Number: 1540

Course: 12.88 km

Nordic Walking

Total time: 2:05:49

Speed: 5.72 km/h

metres in height up: 459

Course score: 18.89

performance score: 121 Points