



3. Escha Nordicday in Halver

58553 Halver, Waldfreibad Herpine / 26.04.2008

Detailed evaluation

Turck,Werner

Total time: 1:32:16

Speed: 4.55 km/h

Number: 7009

metres in height up: 255

Course: 7.26 km

Course score: 10.83

Walking

performance score: 52 Points