



### 3. Escha Nordicday in Halver

58553 Halver, Waldfreibad Herpine / 26.04.2008

#### Detailed evaluation

Umland,Jürgen

Total time: 1:41:48

Speed: 7.07 km/h

Number: 1621

metres in height up: 459

Course: 12.88 km

Course score: 18.89

Nordic Walking

performance score: 150 Points