



3. Escha Nordicday in Halver

58553 Halver, Waldfreibad Herpine / 26.04.2008

Detailed evaluation

Vlaeminck,Achiel

Club: Walking Treff Möhnesee

Number: 7017

Course: 7.26 km

Walking

Total time: 1:00:35

Speed: 6.93 km/h

metres in height up: 255

Course score: 10.83

performance score: 80 Points