



3. Escha Nordicday in Halver

58553 Halver, Waldfreibad Herpine / 26.04.2008

Detailed evaluation

Vogel,Manuela

Total time: 1:19:43

Speed: 5.27 km/h

Number: 7025

metres in height up: 255

Course: 7.26 km

Course score: 10.83

Walking

performance score: 60 Points