



3. Escha Nordicday in Halver

58553 Halver, Waldfreibad Herpine / 26.04.2008

Detailed evaluation

Wapelhorst, Gerda

Club: Walking Treff Möhnesee

Number: 1009

Course: 12.88 km

Walking

Total time: 1:48:26

Speed: 6.64 km/h

metres in height up: 459

Course score: 18.89

performance score: 141 Points