



3. Escha Nordicday in Halver

58553 Halver, Waldfreibad Herpine / 26.04.2008

Detailed evaluation

Watzlawik, Krimhilde

Club: Walk and Talk

Number: 7562

Course: 7.26 km

Walking

Total time: 58:05

Speed: 7.50 km/h

metres in height up: 255

Course score: 10.83

performance score: 83 Points