



3. Escha Nordicday in Halver

58553 Halver, Waldfreibad Herpine / 26.04.2008

Detailed evaluation

Wirges, Ilona

Total time: 1:08:57

Speed: 6.09 km/h

Number: 7556

metres in height up: 255

Course: 7.26 km

Course score: 10.83

Nordic Walking

performance score: 70 Points