



3. Escha Nordicday in Halver

58553 Halver, Waldfreibad Herpine / 26.04.2008

Detailed evaluation

Dhondt, Richard

Club: Feuerwehr Soest Mitte

Number: 1597

Course: 12.88 km

Nordic Walking

Total time: 1:44:36

Speed: 6.88 km/h

metres in height up: 459

Course score: 18.89

performance score: 146 Points