



3. Escha Nordicday in Halver

58553 Halver, Waldfreibad Herpine / 26.04.2008

Detailed evaluation

Dickhage, Manfred

Club: Lauftreff Hagen-Emst

Number: 7514

Course: 7.26 km

Nordic Walking

Total time: 1:13:45

Speed: 5.69 km/h

metres in height up: 255

Course score: 10.83

performance score: 65 Points