



3. Escha Nordicday in Halver

58553 Halver, Waldfreibad Herpine / 26.04.2008

Detailed evaluation

Arlt,Roland

Club: LG Halver-Schalksmühle

Number: 2550

Course: 19.73 km

Nordic Walking

Total time: 2:28:59

Speed: 7.65 km/h

metres in height up: 790

Course score: 30.85

performance score: 251 Points