



3. Escha Nordicday in Halver

58553 Halver, Waldfreibad Herpine / 26.04.2008

Detailed evaluation

Dudaj,Irmgard

Total time: 1:50:49

Speed: 6.50 km/h

Number: 1511

metres in height up: 459

Course: 12.88 km

Course score: 18.89

Nordic Walking

performance score: 138 Points