



3. Escha Nordicday in Halver

58553 Halver, Waldfreibad Herpine / 26.04.2008

Detailed evaluation

Gallwitz, Michaela

Club: TBS-Herne

Number: 1609

Course: 12.88 km

Nordic Walking

Total time: 1:52:02

Speed: 6.43 km/h

metres in height up: 459

Course score: 18.89

performance score: 136 Points