



3. Escha Nordicday in Halver

58553 Halver, Waldfreibad Herpine / 26.04.2008

Detailed evaluation

Gockeln, Rebecca

Total time: 1:47:47

Speed: 6.68 km/h

Number: 1634

metres in height up: 459

Course: 12.88 km

Course score: 18.89

Walking

performance score: 141 Points