



3. Escha Nordicday in Halver

58553 Halver, Waldfreibad Herpine / 26.04.2008

Detailed evaluation

Habighorst,Ulrich

Club: Betriebssportverein Stadtwerke B

Number: 1005

Course: 12.88 km

Walking

Total time: 1:42:25

Speed: 7.03 km/h

metres in height up: 459

Course score: 18.89

performance score: 149 Points