



### 3. Escha Nordicday in Halver

58553 Halver, Waldfreibad Herpine / 26.04.2008

#### Detailed evaluation

Hach, Brigitte

Total time: 1:44:08

Number: 1019

Speed: 6.91 km/h

Course: 12.88 km

metres in height up: 459

Course score: 18.89

Walking

performance score: 146 Points