



### 3. Escha Nordicday in Halver

58553 Halver, Waldfreibad Herpine / 26.04.2008

#### Detailed evaluation

Heil, Oliver

Club: Kraftwerk Iserlohn

Number: 1636

Course: 12.88 km

Walking

Total time: 1:41:54

Speed: 7.07 km/h

metres in height up: 459

Course score: 18.89

performance score: 150 Points