



3. Escha Nordicday in Halver

58553 Halver, Waldfreibad Herpine / 26.04.2008

Detailed evaluation

Heywinkel, Wolf-Rainer

Club: Betriebssportverein Stadtwerke B

Number: 7010

Course: 7.26 km

Walking

Total time: 1:04:30

Speed: 6.51 km/h

metres in height up: 255

Course score: 10.83

performance score: 75 Points