



15. Gothaer Citylauf  
Gotha / 27.04.2008

Detailed evaluation

Adam, Wolfgang

Club: sC Impuls Erfurt  
Number: 298

Course: 10.00 km  
City-Lauf

Category:  
Männer M40

Total time: 45:21

Speed: 13.23 km/h  
Running performance: 4:32 min/km

Rank in course/Total: 95 (of 259)

Rank in course/Men: 90 (of 207)

Best time in course: 33:11

Rank in category: 15(of 41)

Best time in the category: 37:06