



15. Gothaer Citylauf  
Gotha / 27.04.2008

Detailed evaluation

Hölzer, Heiko

Club: Gotha  
Number: 111

Course: 10.00 km  
City-Lauf

Category:  
Männer M30

Total time: 45:43

Speed: 13.12 km/h  
Running performance: 4:34 min/km

Rank in course/Total: 103 (of 259)

Rank in course/Men: 98 (of 207)

Best time in course: 33:11

Rank in category: 7(of 14)

Best time in the category: 38:43