



15. Gothaer Citylauf  
Gotha / 27.04.2008

Detailed evaluation

Heino, Stephan

Club: FSV 1986 Bad LSZ  
Number: 453

Course: 10.00 km  
City-Lauf

Category:  
Männer M40

Total time: 45:59

Speed: 13.05 km/h  
Running performance: 4:36 min/km

Rank in course/Total: 106 (of 259)

Rank in course/Men: 101 (of 207)

Best time in course: 33:11

Rank in category: 17(of 41)

Best time in the category: 37:06