



15. Gothaer Citylauf  
Gotha / 27.04.2008

Detailed evaluation

Urban, Ralf

Club: Partyservice Urban  
Number: 231

Course: 10.00 km  
City-Lauf

Category:  
Männer M40

Total time: 48:19

Speed: 12.42 km/h  
Running performance: 4:50 min/km

Rank in course/Total: 140 (of 259)

Rank in course/Men: 130 (of 207)

Best time in course: 33:11

Rank in category: 23(of 41)

Best time in the category: 37:06