



15. Gothaer Citylauf  
Gotha / 27.04.2008

Detailed evaluation

**Wons, Roland**

Club: Lauffreunde Gotha  
Number: 220

Course: 10.00 km  
City-Lauf

Category:  
Männer M35

Total time: 38:44

Speed: 15.49 km/h  
Running performance: 3:52 min/km

Rank in course/Total: 21 (of 259)

Rank in course/Men: 21 (of 207)

Best time in course: 33:11

Rank in category: 4(of 27)

Best time in the category: 36:59