



15. Gothaer Citylauf

Gotha / 27.04.2008

Detailed evaluation

Heß, Dirk

Club: Gotha

Number: 287

Course: 10.00 km

City-Lauf

Category:

Männer M40

Total time: 58:05

Speed: 10.33 km/h

Running performance: 5:49 min/km

Rank in course/Total: 223 (of 259)

Rank in course/Men: 189 (of 207)

Best time in course: 33:11

Rank in category: 39(of 41)

Best time in the category: 37:06