



Alteburglauf 2008  
Arnstadt / 02.05.2008

## Detailed evaluation

Lindner, Kathrin

Club: LSV Lok Arnstadt  
Number: 358

Course: 10.00 km  
Hauptlauf

Category:  
Frauen W45

Total time: 49:20

Speed: 12.16 km/h  
Running performance: 4:56 min/km

Rank in course/Total: 42 (of 79)  
Rank in course/Women: 6 (of 19)  
Best time in course: 41:01

Rank in category: 1(of 5)  
Best time in the category: 49:20