



Alteburglauf 2008
Arnstadt / 02.05.2008

Detailed evaluation

Herzer, Heiko

Club: LSV Lok Arnstadt
Number: 309

Course: 10.00 km
Hauptlauf

Category:
Männer M35

Total time: 49:50

Speed: 12.04 km/h
Running performance: 4:59 min/km

Rank in course/Total: 45 (of 79)

Rank in course/Men: 38 (of 60)

Best time in course: 37:27

Rank in category: 3(of 7)

Best time in the category: 43:14