



Alteburglauf 2008
Arnstadt / 02.05.2008

Detailed evaluation

Dudek, Harald

Club: LSV Lok Arnstadt
Number: 357

Course: 10.00 km
Hauptlauf

Category:
Männer M60

Total time: 53:45

Speed: 11.16 km/h
Running performance: 5:23 min/km

Rank in course/Total: 61 (of 79)

Rank in course/Men: 50 (of 60)

Best time in course: 37:27

Rank in category: 3(of 5)

Best time in the category: 43:29