



Alteburglauf 2008  
Arnstadt / 02.05.2008

## Detailed evaluation

**Raab, Marina**

Club: LSV Lok Arnstadt  
Number: 360

Course: 10.00 km  
Hauptlauf

Category:  
Frauen W45

Total time: 54:31

Speed: 11.01 km/h  
Running performance: 5:27 min/km

Rank in course/Total: 64 (of 79)  
Rank in course/Women: 12 (of 19)  
Best time in course: 41:01

Rank in category: 4(of 5)  
Best time in the category: 49:20