



Alteburglauf 2008  
Arnstadt / 02.05.2008

## Detailed evaluation

**Bähr, Thomas**

Club: Traktor Rehestädt  
Number: 393

Course: 10.00 km  
Hauptlauf

Category:  
Männer M45

Total time: 55:04

Speed: 10.90 km/h  
Running performance: 5:31 min/km

Rank in course/Total: 66 (of 79)

Rank in course/Men: 53 (of 60)

Best time in course: 37:27

Rank in category: 7(of 7)

Best time in the category: 42:36