



Alteburglauf 2008  
Arnstadt / 02.05.2008

## Detailed evaluation

Herzer, Nils

Club: Arnstadt  
Number: 419

Course: 1.20 km  
Schüler- und Jedermannlauf

Category:  
AK 8 männlich

Total time: 6:20

Speed: 9.47 km/h  
Running performance: 5:17 min/km

Rank in course/Total: 14 (of 54)

Rank in course/Men: 8 (of 30)

Best time in course: 5:31

Rank in category: 1(of 10)

Best time in the category: 6:20