



Alteburglauf 2008
Arnstadt / 02.05.2008

Detailed evaluation

herzberg, andrea

Club: sv rudisleben
Number: 332

Course: 10.00 km
Hauptlauf

Category:
Frauen W45

Total time: 56:32

Speed: 10.61 km/h
Running performance: 5:39 min/km

Rank in course/Total: 69 (of 79)
Rank in course/Women: 14 (of 19)

Best time in course: 41:01

Rank in category: 5(of 5)
Best time in the category: 49:20