



Alteburglauf 2008  
Arnstadt / 02.05.2008

## Detailed evaluation

**Rödger, Steffen**

Club: Arnstadt  
Number: 342

Course: 10.00 km  
Hauptlauf

Category:  
Männer M35

Total time: 1:04:10

Speed: 9.35 km/h  
Running performance: 6:25 min/km

Rank in course/Total: 78 (of 79)

Rank in course/Men: 60 (of 60)

Best time in course: 37:27

Rank in category: 7(of 7)

Best time in the category: 43:14