



Alteburglauf 2008  
Arnstadt / 02.05.2008

## Detailed evaluation

Ziegler, Sabine

Club: Arnstadt  
Number: 366

Course: 10.00 km  
Hauptlauf

Category:  
Frauen W50

Total time: 1:08:23

Speed: 8.77 km/h  
Running performance: 6:50 min/km

Rank in course/Total: 79 (of 79)  
Rank in course/Women: 19 (of 19)

Best time in course: 41:01

Rank in category: 2(of 2)  
Best time in the category: 46:57