



Alteburglauf 2008  
Arnstadt / 02.05.2008

## Detailed evaluation

**Puls, Johanna**

Club: ThSV 1886 Geschwenda  
Number: 448

Course: 1.20 km  
Schüler- und Jedermannlauf

Category:  
AK 11 weiblich

Total time: 7:29

Speed: 8.02 km/h  
Running performance: 6:14 min/km

Rank in course/Total: 41 (of 54)  
Rank in course/Women: 19 (of 24)  
Best time in course: 5:22

Rank in category: 3(of 3)  
Best time in the category: 6:22