



Alteburglauf 2008  
Arnstadt / 02.05.2008

## Detailed evaluation

Lars, Röttig

Club: SV Frankenhain  
Number: 367

Course: 3.50 km  
Jugendlauf

Category:  
männliche Jugend B

Total time: 14:04

Speed: 12.80 km/h  
Running performance: 4:01 min/km

Rank in course/Total: 2 (of 18)

Rank in course/Men: 2 (of 12)

Best time in course: 12:40

Rank in category: 2(of 5)

Best time in the category: 12:40