



Alteburglauf 2008  
Arnstadt / 02.05.2008

## Detailed evaluation

**Vu Duc, Binh**

Club: SG Motor Arnstadt  
Number: 471

Course: 3.50 km  
Jugendlauf

Category:  
AK 14 männlich

Total time: 19:19

Speed: 9.32 km/h  
Running performance: 5:31 min/km

Rank in course/Total: 8 (of 18)

Rank in course/Men: 6 (of 12)

Best time in course: 12:40

Rank in category: 1(of 1)

Best time in the category: 19:19