



Alteburglauf 2008  
Arnstadt / 02.05.2008

## Detailed evaluation

Ritter, Siegfried

Club: SSV Erfurt 02  
Number: 396

Course: 10.00 km  
Hauptlauf

Category:  
Männer M50

Total time: 42:30

Speed: 14.12 km/h  
Running performance: 4:15 min/km

Rank in course/Total: 9 (of 79)

Rank in course/Men: 8 (of 60)

Best time in course: 37:27

Rank in category: 1(of 5)

Best time in the category: 42:30